

*When you want answers  
and action after a loss  
from SIDS or SUDS.*



## About the Montefiore-Einstein Center for CardioGenetics

The Montefiore-Einstein Center for CardioGenetics is the first center in New York state area to offer complete testing and intervention to families who suffered a loss through Sudden Infant Death Syndrome (SIDS) or Sudden Unexpected Death Syndrome (SUDS).

A joint-project between The Children's Hospital at Montefiore and the Albert Einstein College of Medicine, the Center includes the collaborative efforts of:

- Pediatric and adult physicians including cardiologists, neurologists and clinical geneticists
- Molecular genetic scientists
- Genetic counselors
- Social workers

Our experts provide your family with testing and counseling to help you identify family members at risk for SIDS and SUDS—and take preventative action.

## The Montefiore-Einstein Center for CardioGenetics

### The Children's Hospital at Montefiore

3415 Bainbridge Avenue, 5th floor  
Bronx, New York 10467

**718-741-2317**

**718-741-2323**



The University Hospital for the  
Albert Einstein College of Medicine

[www.montefiore.org](http://www.montefiore.org)

Searching for answers after  
losing a loved one from  
Sudden Infant Death or  
Sudden Unexpected Death?

*The Montefiore-Einstein Center  
for CardioGenetics can help.*



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*When your child or loved one dies suddenly—  
you want answers.*

No tragedy is more devastating than the loss of your baby from Sudden Infant Death Syndrome (SIDS) or the passing of a loved one from Sudden Unexpected Death Syndrome (SUDS).

*Sometimes, the worst part is not knowing why...*

The death of a baby or other loved one is an unimaginable shock. When your loss is sudden and unexpected, it can turn your world upside down.

Today scientists know that at least one-third of all SIDS and SUDS deaths involve a genetic disorder. Until recently, families had little choice but to live with the terrible fear that a child or other family member might suffer the same fate.

*Finally: Answers for your family about SIDS and  
SUDS—and steps you can take to protect loved ones.*

Now there's help for New York tri-state area families in the aftermath of SIDS or SUDS.



**The only facility in the New York tri-state area that offers  
your family complete SIDS and SUDS testing**

The Montefiore-Einstein Center for CardioGenetics is the first center in the New York tri-state area to offer state-of-the-art SIDS/SUDS testing and intervention for families. The Center brings together caring doctors, scientists and social workers from The Children's Hospital at Montefiore and the Albert Einstein College of Medicine. These medical and scientific experts work together to help your family heal, identify possible SIDS/SUDS risks—and take preventative action for other family members.

**Convenient under-one-roof evaluation**

Your visit to the Montefiore-Einstein Center for CardioGenetics is easy and convenient—all services are located under one roof at The Children's Hospital. Our team of CardioGenetic specialists will walk you through the tests, help you fill out insurance and other forms and answer any questions you have.

In a single visit you will:

- **Meet with an expert genetic scientist and genetic counselor** to explore your family's medical history. Our doctors will provide a complete physical exam.
- **Speak with a compassionate trained social worker** to discuss your loss and learn how your family is coping.
- **See an adult cardiologist or children's cardiologist.** Our cardiac experts will perform a complete range of painless, noninvasive heart tests that include electrocardiogram (EKG), echocardiogram and other diagnostics.
- **Consult with adult or children's neurological and metabolic experts,** when needed.
- **Send a blood sample for genetic testing,** when appropriate.

**Get answers and action that help your family move forward.**

After testing, you'll schedule a follow-up meeting with the entire CardioGenetics team where we'll discuss a treatment plan that includes:

- **Additional in-depth testing,** if you or a family member are found to carry genes associated with heart disorders.
- **Customized preventative care,** if you or a family member has an arrhythmia—an irregular heartbeat. Treatment may include physical activity modification, medication or placement of a cardiac defibrillator.
- **Follow-up care:** Your CardioGenetics team will stay in touch with you. We'll make sure you get the counseling and treatment you and your family need.

**Your information helps other families—  
and supports the fight against SIDS/SUDS.**

You never get over the loss of a child or other beloved family member. But the Montefiore-Einstein Center for CardioGenetics gives you an opportunity to turn your grief into positive action that can help your family—and others like you.

Your family's information becomes part of a database that helps scientists research SIDS and SUDS. Our goal is to uncover new information on SIDS and SUDS.

**Help your family move forward.  
Call today for more information.**

Take a positive step for your family today. Call us to learn more about our services—or to make an appointment at the Montefiore-Einstein Center for CardioGenetics.

For fast, confidential information, please contact us today:

**Esma Paljevic, CPNP**  
*Pediatric Nurse Practitioner*  
718-741-2327

**Tricia Elliot**  
*Administrative Assistant*  
718-741-2323



**We respect your privacy.**

*Your family information will never be seen by anyone but the professionals at the Montefiore-Einstein Center for CardioGenetics.*